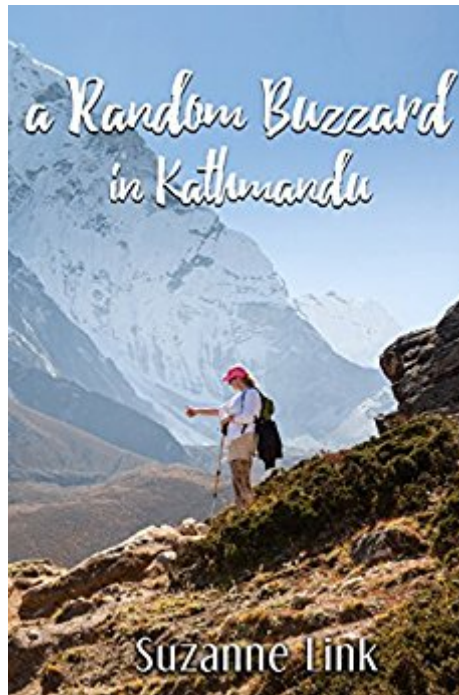




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A Random Buzzard In Kathmandu



Synopsis

"Suzanne's memoir is an intelligent, insightful, wise, and hilarious account of what it means to be a cancer survivor. She captured the heart and soul of our shared journey to Nepal in a unique voice that is all her own. She'll make you laugh and cry, and you'll want to travel with her to the top of the mountain. She will change your life - she did mine!" Richard L. Deming, M.D.

Book Information

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Customer Reviews

this story of Suzanne journey with cancer and her journey with group of stranger who are also cancer survivors to Nepal. I laughed out loud so many times reading her tell about her adventures and challenges personally and physically during this journey, I teared up when she shared her stories personal struggles and things she over came especially her inner battles with certain fears during her journey. I couldn't put the book down. I had known individuals that has joined this group on these treks to different parts of the countries as cancer survivors/patients or care takers but not until now did I really get to be there right with them through this book and her experiences. I felt I was right on that mountain with Suzanne and experiencing it through her telling her story!

Link's observational wit and commentary is instantly captivating. Page-turner is an understatement as you want to read each chapter three/four/five pages at a time. Treat yourself to this extraordinary breast cancer Survivor's adventure through Nepal's high Himalaya. My personal fave: Chapter 11: "I'd Rather Be Doing Stand-Up, Naked", Flying into the World's Most Dangerous Airport...My head reverberates from the explosion of my worst imaginable nightmare, "Oh my God, no way! No STUPID way! I am not flying into the most dangerous airport in the world! I'm done...mic-drop."

It is rare for an author to tap into so many emotions in one book but Suzanne Link has accomplished this unique feat. This book is honest, heartfelt, humorous and inspirational. A must read!!!Rochelle

A story of courage and adventure written with conviction and excitement. One reading this book will want to continue to know what happens next.Suzanne shares her heart in many ways, i.e., childhood experiences, dealing with cancer, & the challenge of trekking a mountain in Nepal.A very interesting read!

The author relates her harder-than-hell journey in the Himalayas with self-reflection and humor. Link's 2012 trip with a group of cancer survivors and their caregivers comes on the heels of her ugly battle with breast cancer. She not only had chemo and radiation, but also ended up with an infected port, blood clot in her neck and deteriorated teeth requiring \$10,000 in dental work. "I had ticks and fleas," she writes. Nicknamed "Bama" in Nepal, this Alabama native has a knack for dialogue and a hilarious way with words. The memoir is part travel journal and part confessional about confronting fears from a troubled childhood and an emergency plane landing as an adult. She is forced to overcome her fear of flying when she realizes that she has to fly to Lukla, Nepal, rated as one of the most dangerous airports in the world, to reach the mountain where the group is headed. But that's not before she totes a bottle of booze bought in a duty-free store around an airline terminal while en route to Asia in a failed attempt to calm her anxiety. With vodka in tow, she unwittingly meets an esteemed cancer doctor, who turns out to be the leader of the trek, and a Catholic monsignor. Link turns her embarrassing escapades into comedy, making me laugh in the process. Link describes the intense physical pain and the effects of high altitude sickness among the group participants with compassion and insight not surprising for someone who is a practicing psychologist and the daughter of an

alcoholic father. She tells how early trauma forced her to have two selves: fearful Alice and the Ã¢â€šâ„¢take no prisonersÃ¢â€šâ„¢ Janis with the feisty attitude, and both make Ã¢â€šâ„¢appearances and curtain callsÃ¢â€šâ„¢ on the trip. Other memorable passages include accidentally turning her white boxers into tie-dye underwear while hanging them to dry on a string of paper flags, hitching a ride with a dumpy mountain horse she calls Ã¢â€šâ„¢Sweet PeaÃ¢â€šâ„¢ and perfecting the royal wave while astride her, and being utterly lost on the streets of Kathmandu after taking a wrong turn to find an ATM. Despite all her setbacks, Link manages to summit a 18,000-foot peak, learns much about how people handle adversity and finds inner peace, reconciling the two opposing sides of her psyche. I would highly recommend this book to anyone, cancer survivor or not, who has ever encountered an extreme challenge and needs to be reminded of how it made them a better person in the end.

Sometimes you just need to feel inspired and this author did just that. I love how Suzanne took us on her journey with her, she will make you cry, laugh, and want to be standing on that mountain top right beside her. I loved the title, that's what caught my eye immediately- once you read the meaning behind the title it will pull at your heartstrings for sure. Thank you so much for sharing such an intimate part of your life with us, you truly are an inspiration to many!

I started this book and could not put it down, I was sorry when it came to an end. It was touching, exciting, made me cry and laugh (a lot), in parts. Suzanne and the other cancer survivors went through so much, and then choose those hardships involved to trek the Himalayas! Suzanne's descriptions of the beauty of the mountains and how they effect her was wonderful. Read this book, you will not be sorry.

An inspiring story filled with a mountain range of emotions - hope and perseverance shining brightly at the peak of it all. I felt I was climbing up Kathmandu with Suzanne, tears rolling down my cheeks as I witness her silencing all the fear inside her. Suzanne's personality really shines through the novel and it was a pleasure to read.

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